

Creative Care Children's School

Menu 3

Week of: _____

MONDAY

BREAKFAST

Rice Crispies/
Corn Flakes
Fresh Banana
Milk

LUNCH

Beans with Turkey Franks
Corn
Diced Pears
WG-Sliced Bread
Milk

PM SNACK

White Cheddar Cheese
Sliced Oranges

TUESDAY

BREAKFAST

Pancakes
Sliced Apples
Milk

LUNCH

Chicken Casserole
Green Beans
Peaches
Milk

PM SNACK

WG- Peanut Butter Sandwich

WEDNESDAY

BREAKFAST

WG-Cinnamon Toast
Sliced Oranges
Milk

LUNCH

Beef Stroganoff
Glazed Carrots
Mandarin Oranges
Milk

PM SNACK

Peanut Butter
Fresh Apples

THURSDAY

BREAKFAST

WG-Oatmeal
Fresh Banana
Milk

LUNCH

Spaghetti with Meat Sauce
Green Beans
Pears
Milk

PM SNACK

Saltine Crackers
White Cheddar Cheese

FRIDAY

BREAKFAST

WG-Toast & Jelly
Sliced Apples
Milk

LUNCH

WG-Peanut Butter & Jelly Sandwich
Carrot Sticks
Diced Pears
Milk

PM SNACK

Carrots & Broccoli

WG=Whole Grain